

SCCC News

NEWS JUST IN

SCCC still going downhill fast

Strength, speed, stamina, all were sadly lacking at the '96 Club freewheeling championships where chaos in the cloud was the order of the day. Amid much rule bending **Dave Whitehead, Will** and **Duncan** argued over who won with the latter probably edging it.

Racing News

Whilst most track riders worry about touching their right crank on the banking, **Duncan Hewitt** has been going so fast that he 's been worried about touching the left crank. Dunc' finished fourth in the Tuesday night track league (The fast one) with a whole string of wins, whilst **Andy McCorkill** is still proving himself to be one of the fastest juvenile riders in the country.

At the Manchester Divisionsal Track Champs' **Dunc** and **Doug** picked up medals and colds, both recording Personal best times in the 4000m pursuit.

Four grown men who ought to know better rode the Christmas '25' in Cheshire on the coldest day since records began. (Spice Girls records). Amid biting dogs and biting winds **Will, Andy Doug** and **Dunc** recorded 1 hour 9, 21, 2 and 7 respectively to come very close to a team win. As it was they didn't even win anything in the raffle.

The same day was evergreen **Colin Nortons** 60th birthday, so when his mate Gordon Pickering handed the SCCC lads a card for signing at the HQ, they all took the opportunity to have a dig about Colins age. Only later did it arise that the card was for an old-timer sick as a parrot in hospital, who is no doubt going to be confused

by comments such as "You don't look a day over 65".

The Club Do

Les Copeland needed a wheelbarrow for his haul of silverware at the annual prize presentation in December. **Dave Armstrong** won the "Presidents Trophy" for the best improved rider of the year with an improvement that would have won in any of the last 10 years. With **Andy McCorkills** terrific season plus SCCC wins on the track, the road, and 3 club records, there was no problem justifying the copious ammounts of beer consumed.

INSIDE

- ① AGM -Ale Gulping Marathon
- ② Ken Hodgins Joke
- ③ New Club Runs List
- ④ Not much else
- ⑤ ... er, that's it

Pubs in need

Stickers idea

Headline

Need another story here.

What's it worth ?

How best to turn your cash into speed

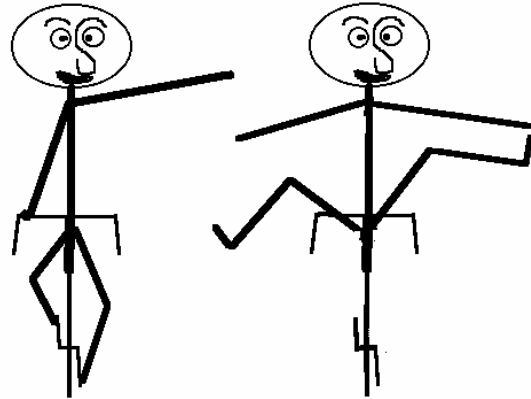
If you want to go faster for less cash, then here's how much difference various equipment will make to your 50 mile time, for each pound spent..

Equipment	Cost	Saving (Seconds)	Cost per sec' (pence)
Rear Disc	£500	115 - 135	370 - 434
Skin Suit	£50	60	85
Aero Helmet	£80	95-115	70-85
Aero Bars	£50	170-250	20 - 30
24" Front Wheel	£80	115	70
10 pints	£15	-1000	-1.5

It can be seen that beer does re-assuringly little harm to the cost-conscious cyclist

Club Run Hand Signals for beginners

Numbers 1 and 2 in a series



"There's the pub!"

"That was a good pub!"

AGM Update

If you'd been at the SCCC AGM then you'd have heard the following quotes:

- **Julian** - The Club Runs will meet at the same destination
- **Dave W** - A thought has just crossed my mind.
Jackie A - Was it lonely ?
- **Dave W** - Did we get any press coverage this year? - **Julian** - Yes, But only after Llandudno - (see issue 17, Daily Express, Breakfast TV... etc)
- **Dave W** - I went on an A-Run once and the bastards kept waiting for me
- **Jackie A** - I'd do it for a tenner
- **Dave W** - Can Will get Claire in the Club?
Colin - It's not inconceivable
- **Jackie A** -I've not got testicles and a dick
- **Dave W** - I agree with my alledged comments
- **Julian** -Can I propose that there are less pictures of me in the newsletter?

Picture
Of
Jules
Here

**JULIAN MORTEL - "KEEP ME OUT OF IT"
SHOCKER**

For the record, the new club officials are as follows:

Chairman	Dave Whitehead
President	Derek Hodgins
Secretary	Julian Mortel
Treasurer/Membership	Nuclear Nick Biden (now on 485 5437)
Social Secretary	Duncan Hewitt (now on the beer)
Club Events Secretary	Doug Clark
Newletter+Press Sec	Doug + Duncan
Club Captain	Andy Magee
B Runs Captain	Pauline Norton
RTTC Reps	Derek + Colin

BCF + Track Rep	Graham Pearce
Nat' Clarion Reps	Merlin Evans + Graham
Auditor	Merlin Evans
Mascot	TBA at New Years '10'

Club Subs are now due

BBC Sports Personality of the year

- Only days left to vote
- Don't let your sport down
- Vote for SCCC's very own **Pete Brewer**

2nd Claim members

Hell Bent on Ghent

SCCC had a record contingent of 11 members spectating at this fantastic Belgian indoor cycling extravaganza. They didn't drink any beer. They went to bed early. They didn't look at the girls in the windows. The earth is flat. **Harold Lamb** does eighty press-ups every morning.

For the record, **Colin Norton** (clever bloke, experienced traveller) got onto the wrong plane, whilst **Jules, Graham, Doug** and **Merlin** got thrown out of a gay bar for not being gay enough. They inadvertently wandered in because they couldn't get a drink anywhere else at a 3.30 on a Monday morning.

Yellow Trail
Plub Run
Club Runs List
10s
New Years Day 10
Meeting Venue
Security-Bikes
Central
Room
Beer

Other news -

You won't believe what **Jackie Ashton** is willing to do if you can get her an Italian Team Skin Suit.

Julian Mortel - Still concerned about the alarming number of pictures of him appearing in recent newsletters.

Dates for your diary

Club Do

Downhill

Freewheeling

New Years 10

Majorca

YHA Weekend

New Members

Jackie Coughlan is rejoining whilst it looks likely that Armo will finally manage to twist Jos the Boss's arm into parting with a few quid. Also welcome to Bonny, the Clubs latest and very promising recruit. Those on recent clubruns may have seen tattoos on Bonnies arm and shoulder, whilst swimmers at Stockport Metro have also seen one on her foot. However, apparently there are 5 of them! First person to find the other two will be the subject of a smutty headline in the next issue.

Put
Cartoon
Here

Call This suffering? You've obviously never been to an AGM with Merlin Evans.

True Story

Ken Hodgins was riding down Goostry Lane when a rabbit ran under his wheel, dieing immediately. Whilst the guilt ridden Kit Kat Man was scrapping the entrails from his front tyre, a large character in a funny hat appeared. "Who are you?", enquired Ken. "I'm a genie, and I can grant you any wish!". "By 'eck", said Ken, "Can you bring this bunny back to life that I've just killed?".

"That's a tall order", replied the genie, "You've split it in two and it's eyes have popped out. There's nothing I can do for it, but don't worry, you've still got another wish". "OK", said Ken, "Can you make me beat the hour like my big brother does?". The genie looked Ken over and paused a second. "Hang on a moment", he replied, "lets have another look at that rabbit".

Club Runs

Don't forget - Money, mudguards, lights, cape, Inner tube.

Anybody is welcome to go on SCCC Runs, but other regulars from other clubs are encouraged to take out Second Claim membership.

29th December Bunbury Flat
31st Dec Impromptu 11.00 am
1st January 11.00am JC/11 Chelford "10"
Enter On Line
5th January Delamere
12th January Castleton
19th January Caulden Low (Other Side of Leek)
25th January YHA Weekend
26th January Wormhill
2nd February Prees Heath B-run Hassall Green
9th February Elton
16th February Beeston
Oultan Park Garden Centre
M+D Dinner
Boots! Spurs!